



## The HUSK Movement app helps make healthy choices easy

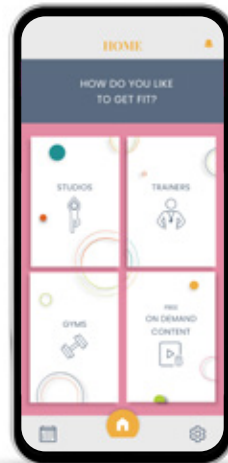
**AmeriHealth New Jersey members ages 18 and older have access to HUSK Movement, an app that connects users to the experiences and products that fuel wellness.**

### Your workout, your way

The HUSK Movement app (formerly GlobalFit Anywhere) gives you the flexibility and convenience to book workout classes or participate in free curated exercises based on activity preference, budget, fitness goals, and location. There are a variety of choices for every budget, from free to pay-as-you-go. You'll always get the best price. And no monthly membership is required!

### Get started today!

1. Download the HUSK Movement app from the App Store or Google Play.
2. Click *Get Started* to create an account.
3. Enter the required information to build your profile.
4. Select *AmeriHealth New Jersey* from the Client Name drop-down menu and enter the name of your employer (or "I'm a Consumer" if you get your coverage through the Individual Marketplace).
5. Enter your 12-digit member ID number and add a zero at the end. You can find your member ID number on your insurance card. For example, if your member ID number is 123456789123, you should enter 1234567891230.



### Work out virtually anywhere!

The HUSK Movement app offers hundreds of weekly virtual live-streaming classes and monthly all-access passes in a variety of formats, like HIIT, yoga, dance, and sculpt.

Start exploring virtual classes, studios, gyms, and personal trainers in your area! The app will prompt you to add a payment method to book anything and will save this information so you can update it at any time.

### Questions?

Contact [support@huskwellness.com](mailto:support@huskwellness.com) for help with downloading or registering.

Access to the HUSK Movement app is available as a value-added benefit to AmeriHealth New Jersey members ages 18 and older.