

# AmeriHealth POS Plus

## POS Plus Coinsurance \$30/\$50 80% Summary of Benefits

AmeriHealth POS Plus lets you maintain Freedom of Choice by allowing you to select your own doctors and hospitals. Under this plan, you must select a Primary Care Physician, but can access care in-network or out-of-network without a referral. You maximize your benefits when you access care from an AmeriHealth participating provider.

This program may not cover all your health care services. Services may not be covered because they are:

- Not covered under your benefit contract
- Not medically necessary
- Limited by a benefit maximum (i.e. visit limit)

Your Booklet/Certificate identifies details about your benefit program. It also includes information about exclusions and benefit limitations. After reviewing this information, please contact our Member Service department if you have additional questions.

Benefit	In-Network	Out-of-Network*
<b>BENEFIT PERIOD<sup>+</sup></b>	Calendar Year	Calendar Year
<b>DEDUCTIBLE</b>		
Individual	\$1,500	\$3,000
Family	\$3,000	\$6,000
<b>COINSURANCE</b>	80%	60%
<b>OUT OF POCKET LIMIT</b> (includes deductible, coinsurance and copayments when applicable)		
Individual	\$2,500	\$6,000
Family	\$5,000	\$12,000
<b>LIFETIME MAXIMUM</b>	Unlimited	Unlimited
<b>DOCTOR'S OFFICE VISITS</b>		
Primary Care Services	\$30 Copayment/visit	60%, after deductible
Preventive Care Services for Adults and Children	100% NO deductible	60%, NO deductible
Specialist Services	\$50 Copayment/visit	60%, after deductible
<b>PEDIATRIC IMMUNIZATIONS</b>	100%, NO deductible	60%, NO deductible
<b>ROUTINE EYE EXAM</b>	\$50 Copayment/visit; one exam every two years	Not Covered
<b>ROUTINE GYNECOLOGICAL EXAM/PAP</b>	100%, NO deductible	60%, NO deductible

\* **Out-of-network providers may bill you the difference between the plan allowance, which is the amount paid by the plan, and the providers actual charge.**

To receive maximum benefits, services must be provided by an AmeriHealth participating provider. This is a highlight of benefits available. The benefits and exclusions for In-Network and Out-of-Network care are not the same. All benefits are provided in accordance with the group contract.

<sup>+</sup> A calendar year benefit period begins on January 1 and ends on December 31.

The benefits may be changed by AmeriHealth to comply with applicable federal/state laws and regulations.



**AmeriHealth**  
**NEW JERSEY**

AmeriHealth Insurance Company of New Jersey  
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Benefit	In-Network	Out-of-Network*
<b>MAMMOGRAM</b>	100%, NO deductible	60%, NO deductible
<b>OUTPATIENT LABORATORY/PATHOLOGY</b>	100%, NO deductible	60%, after deductible
<b>MATERNITY</b>		
First OB visit	\$50 Copayment/visit	60%, after deductible
Hospital	80%, after deductible	60%, after deductible
<b>INPATIENT HOSPITAL SERVICES</b>	80%, after deductible	60%, after deductible
<b>INPATIENT HOSPITAL DAYS</b>	Unlimited	70 days
<b>OUTPATIENT SURGERY</b>	80%, after deductible (facility)	60%, after deductible
<b>EMERGENCY ROOM</b>	\$100 Copayment Copayment not waived if admitted	\$100 Copayment Copayment not waived if admitted
<b>AMBULANCE</b>	80%, after deductible	60%, after deductible
<b>OUTPATIENT X-RAY/RADIOLOGY</b>		
Routine Radiology/Diagnostic	\$50 Copayment/visit	60%, after deductible
MRI/MRA, CT, PET Scans	\$100 Copayment/visit	60%, after deductible
<b>THERAPY SERVICES</b>		
Physical and Occupational Therapy 30 visits per calendar year (combined)	\$50 Copayment/visit	60%, after deductible
Cardiac Rehabilitation 36 sessions per calendar year	\$50 Copayment/visit	60%, after deductible
Pulmonary Rehabilitation 36 sessions per calendar year	\$50 Copayment/visit	60%, after deductible
Speech Therapy 20 visits per calendar year	\$50 Copayment/visit	60%, after deductible
Orthoptic/Pleoptic Therapy 8 session lifetime maximum	\$50 Copayment/visit	60%, after deductible
<b>SPINAL MANIPULATIONS</b> 20 visits per calendar year	\$50 Copayment/visit	60%, after deductible
<b>INFUSION THERAPY/CHEMOTHERAPY/RADIATION THERAPY</b>	80%, after deductible	60%, after deductible
<b>DIALYSIS</b>	80%, after deductible	60%, after deductible
<b>OUTPATIENT PRIVATE DUTY NURSING</b> 360 hours / calendar year	80%, after deductible	60%, after deductible
<b>SKILLED NURSING FACILITY</b> maximum of 120 days/calendar year	80%, after deductible	60%, after deductible
<b>HOSPICE AND HOME HEALTH CARE</b>	80%, after deductible	60%, after deductible
<b>DURABLE MEDICAL EQUIPMENT</b>	50%, after deductible	50%, after deductible
<b>PROSTHETICS</b>	50%, after deductible	50%, after deductible

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Benefit	In-Network	Out-of-Network*
<b>MENTAL ILLNESS CARE (OTHER THAN SERIOUS MENTAL ILLNESS)</b>		
Outpatient	\$50 Copayment/visit	60%, after deductible
Inpatient	80%, after deductible	60%, after deductible
<b>SERIOUS MENTAL ILLNESS CARE/ TREATMENT FOR ALCOHOL ABUSE</b>		
Outpatient	\$50 Copayment/visit	60%, after deductible
Inpatient	80%, after deductible	60%, after deductible
<b>TREATMENT OF DRUG ABUSE AND DEPENDENCY</b>		
Outpatient	\$50 Copayment / visit	60%, after deductible
Inpatient	\$400 Copayment/day; maximum of 5 days (\$2,000)**	60%, after deductible

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## What Is Not Covered?

- Services not medically necessary
- Experimental/investigational services, except when approved by AmeriHealth, routine costs associated with a qualifying clinical trial
- Hearing aids, except as stated for dependent children, hearing examinations/ tests for the prescription/ fitting of hearing aids, and cochlear electromagnetic hearing devices
- Reversal of voluntary sterilization
- Expenses related to organ donation for non-member recipients
- Acupuncture
- Dental care, including dental implants or dentures, and non-surgical treatment of temporomandibular joint syndrome (TMJ)
- Music therapy, equestrian therapy and hippotherapy
- Treatment of obesity, except for surgical treatment of morbid obesity, and weight loss programs provided through AmeriHealth Healthy Lifestyles programs
- Treatment of sexual dysfunction not related to organic disease except for sexual dysfunction resulting from an injury
- Routine foot care, unless medically necessary or associated with the treatment of diabetes
- Cranial prostheses including wigs intended to replace hair
- Routine physical exams for non-preventive purposes such as insurance or employment applications, college, or premarital examinations
- Immunizations for travel or employment
- Services or supplies payable under Workers' Compensation, Motor Vehicle Insurance, or other legislation of similar purpose
- Cosmetic services/supplies

This summary represents only a partial listing of benefits and exclusions of the AmeriHealth POS Plus program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. This managed care plan may not cover all of your health care expenses. Read your group contract/booklet-certificate carefully to determine which health care services are covered. If you need more information, please call 1-800-877-9829.

## Services That Require Preapproval/Precertification

### INPATIENT SERVICES

Surgical and non-surgical inpatient admissions  
 Acute Rehabilitation  
 Skilled Nursing Facility  
 Inpatient Hospice  
 Maternity Admission (for notification only)

### OUTPATIENT FACILITY/OFFICE SERVICES

(other than inpatient)

PET Scans, MRI, MRA, CT and Nuclear Cardiology  
 Hysterectomy  
 Cataract Surgery  
 Nasal Surgery for Submucous Resection and Septoplasty  
 Transplants (except cornea)  
 Comprehensive Outpatient Pain Management Programs (including epidural injections)  
 Obesity Surgery  
 Sleep Studies  
 Uvulopalatopharyngoplasty (including laser-assisted)

### ALL HOME CARE SERVICES

(including infusion therapy in the home)

**INFUSION THERAPY DRUGS administered in an Outpatient Facility or in a Professional Provider's Office (see list included in your open enrollment packet)**

**BIRTHING CENTER (for notification only)**

**ELECTIVE (non-emergency) AMBULANCE TRANSPORT**

**OUTPATIENT PRIVATE DUTY NURSING**

**PROSTHETICS AND ORTHOTICS - PURCHASE ITEMS OVER \$500, INCLUDING REPAIRS AND REPLACEMENTS**

(Except Ostomy Supplies and Mandated Prosthetic and Orthotic appliances)

**DURABLE MEDICAL EQUIPMENT - PURCHASE ITEMS OVER \$500 INCLUDING, REPAIRS AND REPLACEMENTS, AND ALL RENTALS**

(except oxygen, diabetic supplies and unit dose medication for nebulizer)

### RECONSTRUCTIVE PROCEDURES & POTENTIALLY COSMETIC PROCEDURES

Abdominoplasty  
 Augmentation Mammoplasty  
 Blepharoplasty  
 Chemical Peels  
 Dermabrasion  
 Excision of Redundant Skin  
 Keloid Removal  
 Lipectomy/Liposuction  
 Orthognathic Surgery Procedures  
 Mastopexy  
 Otoplasty  
 Panniculectomy  
 Reduction Mammoplasty  
 Removal or Reinsertion of Breast Implants  
 Rhinoplasty  
 Surgery for Varicose Veins  
 Scar Revision  
 Subcutaneous Mastectomy for Gynecomastia

**MENTAL ILLNESS CARE (OTHER THAN FOR SERIOUS MENTAL ILLNESS)/ SERIOUS MENTAL ILLNESS CARE/ TREATMENT FOR ALCOHOL ABUSE TREATMENT/ TREATMENT FOR DRUG ABUSE AND DEPENDENCY**

Mental Health and Serious Mental Illness Treatment (Inpatient)  
 Mental Health (outpatient)

**TREATMENT FOR DRUG ABUSE AND DEPENDENCY (inpatient/outpatient) - excluding Alcohol Abuse (precertification required for inpatient treatment only)**

Preapproval/precertification is not a determination of eligibility or a guarantee of payment. Coverage and payment are contingent upon, among other things, the patient being eligible, i.e., actively enrolled in the health benefits plan when the preapproval/precertification is issued and when approved services occur. Coverage and payment are also subject to limitations, exclusions, and other specific terms of the health benefits plan that apply to the coverage request. Preapproval/precertification list subject to change annually.

In addition to the preapproval/precertification requirements listed above, you should contact AmeriHealth and provide prenotification for certain categories of treatment so you will know prior to receiving treatment whether it is a covered service. This applies to network providers and members who elect to receive treatment provided by out-of-network providers. The categories of treatment (in any setting) include:

- Any surgical procedure that may be considered potentially cosmetic; and
- Any procedure, treatment, drug or device that represents 'new or emerging technology;' and
- Services that might be considered experimental/investigative.

### PENALTIES:

**POS Plus In-Network:** It is the network provider's responsibility to obtain preapproval for services listed. Members are held harmless from financial penalties if the network provider does not obtain preapproval.

**POS Plus Out-of-Network:** It is the member's responsibility to initiate precertification for the services listed. The member will be subject to a 20% reduction in benefits if precertification is not obtained for the inpatient/outpatient treatment services listed above.