

Give your baby a healthy start



Sometimes you need a little extra support when you're expecting. Our Baby Beginnings® program provides an added level of support and services to help you navigate your pregnancy journey.

Baby Beginnings is our maternity management program designed to help expecting mothers successfully manage their health before, during, and after baby is born. The support you'll get includes:

- Free health assessments
- Registered nurses available by phone
- Educational resources and helpful information

Enroll in Baby Beginnings for free

Enrolling in Baby Beginnings is simple and there is no cost to you. The information you provide is confidential and secure.

There are two ways to enroll in Baby Beginnings:

- Call **1-833-242-1777**.
- Email **babybeginnings@ahatpa.com** with "Enroll" in the subject line. A nurse will reach out to you within two business days.

How to enroll

Call 1-833-242-1777 or email babybeginnings@ahatpa.com with "Enroll" in the subject line.

Baby Beginnings is a program administered by AmeriHealth Administrators.
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