

## Policies Repository



**Policy Title** Gender Edits

**Policy Number** FS.CLIN.28

*Application of Pharmacy Policy is determined by benefits and contracts. Benefits may vary based on product line, group or contract. Some medications may be subject to precertification, age, gender or quantity edits. Individual member benefits must be verified.*

*This Pharmacy Policy document describes the status of pharmaceutical information and/or technology at the time the document was developed. Since that time, new information relating to drug efficacy, interactions, contraindications, dosage, administration routes, safety or FDA approval may have changed. If the Medical/Pharmacy Reviewer is aware of any new information on the subject of this document, please provide it promptly to the Medical/Pharmacy Policy Department. This information may include new FDA approved indications, withdrawals or other FDA alerts. This type of information is relevant not only when considering whether this Policy should be updated, but also when applying it to current requests for coverage.*

*Members are advised to use participating pharmacies in order to receive the highest level of benefits.*

**Policy** Some medications may not be gender appropriate for all members. A gender edit may be placed on a medication when safety concerns or inappropriate utilization issues exist for a particular gender. The Pharmacy and Therapeutics Committee reviews all medications subject to gender edits. Prescribing the selected medications requires prior authorization for members of a particular gender.

**Policy Description** Please refer to the manufacturers' prescribing guidelines for the specific agents.

**Policy Guideline Inclusion** Prior authorization is required for medically necessary medications that have applicable gender edits.

Authorization will require clinical pharmacy review and/or medical director review. An urgent, temporary 96-hour supply is available (through retail pharmacy facilitation) upon request during review for medical necessity. Refer to Policy List of Applicable Drugs for a list of medications with applicable gender edits.

The inclusion criterion for medications that have applicable gender edits is medical necessity documentation submitted by the physician.

**Policy Guideline Exclusion** The exclusion criterion for medications that have applicable gender edits is a lack of medical necessity documentation submitted by the physician.

**Policy List of Applicable Drugs**

| NAME/THERAPEUTIC CLASS | GENERIC DRUG NAME | GENDER EDIT |
|------------------------|-------------------|-------------|
| <i>Androgens</i>       |                   |             |
| Androderm              | Testosterone      | Men only    |
| Androgel               | Testosterone      | Men only    |

|                              |                            |            |
|------------------------------|----------------------------|------------|
| Android                      | Methyltestosterone         | Men only   |
| Android-F                    | Fluoxymesterone            | Men only   |
| Andro LA                     | Testosterone<br>Enathate   | Men only   |
| Adropository                 | Testosterone<br>Enathate   | Men only   |
| Andronate                    | Testosterone<br>Cypionate  | Men only   |
| Andryl                       | Testosterone<br>Enathate   | Men only   |
| Depo-Test                    | Testosterone<br>Cypionate  | Men only   |
| Depo-Testosterone            | Testosterone<br>Cypionate  | Men only   |
| Delatest                     | Testosterone<br>Enathate   | Men only   |
| Delatestryl                  | Testosterone<br>Enathate   | Men only   |
| Everone                      | Testosterone<br>Enathate   | Men only   |
| Halotestin                   | Fluoxymesterone            | Men only   |
| Methitest                    | Methyltestosterone         | Men only   |
| Oreton Methyl                | Methyltestosterone         | Men only   |
| Striant                      | Testosterone               | Men only   |
| T-Cypionate                  | Testosterone<br>Cypionate  | Men only   |
| Teslac                       | Testolactone               | Women only |
| Testamone                    | Testosterone               | Men only   |
| Testaqua                     | Testosterone               | Men only   |
| Testex                       | Testosterone<br>Propionate | Men only   |
| Testim                       | Testosterone               | Men only   |
| Testoderm                    | Testosterone               | Men only   |
| Testoderm TTS                | Testosterone               | Men only   |
| Testopel                     | Testosterone               | Men only   |
| Testred                      | Methyltestosterone         | Men only   |
| Testred Cypionate            | Testosterone<br>Cypionate  | Men only   |
| Testrin-PA                   | Testosterone<br>Enathate   | Men only   |
| Virilon                      | Methyltestosterone         | Men only   |
| Virilon IM                   | Testosterone<br>Cypionate  | Men only   |
| <b>Antineoplastic Agents</b> |                            |            |
| Arimidex                     | Anastrozole                | Women only |
| Aromasin                     | Exemestane                 | Women only |
| Casodex                      | Bicalutamide               | Men only   |
| Eulexin                      | Flutamide                  | Men only   |
| Femara                       | Letrozole                  | Women only |
| Hexalen                      | Altretamine                | Women only |
| Nilandron                    | Nilutamide                 | Men only   |
| <b>Benign Prostatic Meds</b> |                            |            |
| Avodart                      | Dutaseride                 | Men only   |
| Flomax                       | Tamsulosin                 | Men only   |
| Proscar                      | Finasteride                | Men only   |
| Uroxatral                    | Alfuzosin                  | Men only   |

| <b>Estrogens</b> |                                |            |
|------------------|--------------------------------|------------|
| Alora            | Estradiol                      | Women only |
| Aquest           | Estrone                        | Women only |
| Cenestin         | Conjugated Estrogen            | Women only |
| Climara          | Estradiol                      | Women only |
| Clinagen LA      | Estradiol Valerate             | Women only |
| depGynogen       | Estradiol Cypionate            | Women only |
| Delestrogen      | Estradiol Valerate             | Women only |
| Depo-Estradiol   | Estradiol Cypionate            | Women only |
| Depogen          | Estradiol Cypionate            | Women only |
| Dioval           | Estradiol Valerate             | Women only |
| Dura-Estrin      | Estradiol Cypionate            | Women only |
| Duragen          | Estradiol Valerate             | Women only |
| E-Cypionate      | Estradiol Cypionate            | Women only |
| Esclim           | Estradiol                      | Women only |
| Estinyl          | Ethinyl Estradiol              | Women only |
| Estrace          | Estradiol                      | Women only |
| Estrace Vaginal  | Estradiol                      | Women only |
| Estraderm        | Estradiol                      | Women only |
| Estragyn         | Estrone                        | Women only |
| Estragyn LA 5    | Estradiol Cypionate            | Women only |
| Estra-L          | Estradiol Valerate             | Women only |
| Estrasorb        | Estradiol                      | Women only |
| Estratab         | Esterified Estrogens           | Women only |
| Estring          | Estradiol                      | Women only |
| Estro-A          | Estrone                        | Women only |
| Estro-Cyp        | Estradiol Cypionate            | Women only |
| Estrofem         | Estradiol Cypionate            | Women only |
| Estro-LA         | Estradiol Cypionate            | Women only |
| Estro-Span       | Estradiol Valerate             | Women only |
| FemPatch         | Estradiol                      | Women only |
| Femring          | Estradiol Acetate              | Women only |
| Gynodiol         | Estradiol                      | Women only |
| Gynogen LA       | Estradiol Valerate             | Women only |
| Kestron          | Estrone                        | Women only |
| Menaval          | Estradiol Valerate             | Women only |
| Menest           | Esterified Estrogens           | Women only |
| Ogen             | Estropipate                    | Women only |
| Ogen Vaginal     | Estropipate                    | Women only |
| Ortho-Dienestrol | Dienestrol                     | Women only |
| Ortho-Est        | Estropipate                    | Women only |
| Premarin         | Conjugated Estrogen            | Women only |
| Premarin Vaginal | Conjugated Estrogen            | Women only |
| Stilphostrol     | Diethylstilbestrol Diphosphate | Women only |
| Vagifem          | Estradiol                      | Women only |
| Valergen         | Estradiol Valerate             | Women only |
| Vivelle          | Estradiol                      | Women only |
| Vivelle-Dot      | Estradiol                      | Women only |
| Wehgen           | Estrone                        | Women only |
| <b>Fertility</b> |                                |            |
| Bravelle         | Urofollitropin                 | Women only |

|  |                             |            |
|--|-----------------------------|------------|
| Fertinex   | Urofollitropin              | Women only |
| Follistim  | Follitropin beta            | Women only |
| Gonal-F  | Follitropin alpha           | Women only |
| Humegon  | Menotropin                  | Women only |
| Pergonal   | Menotropin                  | Women only |
| Repronex   | Menotropin                  | Women only |
| <b>Erectile Dysfunction Agents</b>                       |                             |            |
| Caverject  | Alprostadil                 | Men only   |
| Cialis   | Tadalafil                   | Men only   |
| Edex   | Alprostadil                 | Men only   |
| Levitra  | Vardenafil HCL              | Men only   |
| MUSE   | Alprostadil                 | Men only   |
| Viagra   | Sildenafil Citrate          | Men only   |
|  |                             |            |
| Injectable contraceptives (eg, Lunelle, Depo-Provera)    |                             | Women only |
|  |                             |            |
| Oral Contraceptives (eg, Alesse, Loestrin, Ortho-Cyclen) |                             | Women only |
| Prenatal Vitamins (eg, Materna, Prenate)                 |                             | Women only |
| <b>Progesterones</b>                                     |                             |            |
| Aygestin   | Norethindrone acetate       | Women only |
| Camila   | Norethindrone acetate       | Women only |
| Crinone  | Progesterone vaginal gel    | Women only |
| Curretab   | Medroxyprogesterone acetate | Women only |
| Depo-Provera   | Medroxyprogesterone acetate | Women only |
| Errin  | Norethindrone acetate       | Women only |
| Jolivette  | Norethindrone acetate       | Women only |
| Nora-BE  | Norethindrone acetate       | Women only |
| Nor-QD   | Norethindrone acetate       | Women only |
| Ortho Micronor   | Norethindrone acetate       | Women only |
| Ovrette  | Norgestrel                  | Women only |
| Procheive  | Progesterone vaginal gel    | Women only |
| Prometrium   | Progesterone capsules       | Women only |
| Provera  | Medroxyprogesterone acetate | Women only |
| <b>Miscellaneous</b>                                     |                             |            |
| Evista   | Raloxifene HCL              | Women only |

dosage details for each specific agent.

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**Policy References**

N/A

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**Policy Link to Related Policies**

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