

Pharmacy Policy Bulletin

Title:	Controlled Substance Prior Authorization
Policy #:	Rx.01.15

Application of pharmacy policy is determined by benefits and contracts. Benefits may be subject to precertification, age, gender or quantity restrictions. Individual

This pharmacy policy document describes the status of pharmaceutical information that time, new information relating to drug efficacy, interactions, contraindications changed. This Pharmacy Policy will be regularly updated as scientific and medical approved indications, withdrawals, or other FDA alerts. This type of information is updated, but also when applying it to current requests for coverage.

Members are advised to use participating pharmacies in order to receive the highest

▶ Intent:

Opioid analgesics (**controlled substances**) are indicated for the treatment of pain. The opioid analgesics which will also be referred to as narcotic medications, by requiring prior authorization (i.e., clinical pharmacist and/or Medical Director review) to ensure appropriate chronic non-cancer pain.

▶ Description:

Opioid analgesics are classified as full agonists, mixed agonist-antagonists, or partial agonists. Opioid receptors in the central nervous system (CNS): mu, kappa, and delta. Mu-receptor activation causes analgesia, sedation, respiratory depression, constipation, and euphoria. Kappa-receptor activation also causes analgesia, but may also produce sedation and respiratory depression. Delta-receptor activation produces some analgesia but may also cause seizures at high doses. All agonists have activity at the mu, kappa, and delta receptors, but have the highest affinity for the mu receptor (e.g., codeine, morphine), semisynthetic analogs (e.g., hydrocodone, hydromorphone, oxycodone, methadone, sufentanil, tapentadol, tramadol).

Morphine is the “gold standard” of pain management and is available in long acting and several dosage forms, covered under the pharmacy benefit, including oral and rectal.

Fentanyl is available in several dosage forms, covered under the pharmacy benefit, including tablets and nasal spray. Fentanyl is indicated for breakthrough cancer pain in opioid tolerant patients.

Oxycodone is available in immediate release and extended release formulations for the combination with acetaminophen, and to a lesser extent, ibuprofen or aspirin. A consideration is to avoid high doses of acetaminophen, so as not to exceed 4 grams of acetaminophen, 3.2 grams of ibuprofen or 4 grams of aspirin daily.

There is no defined maximum dose for most opioids. The ceiling to analgesic effectiveness is limited by side effects including but not limited to endocrinological effects, such as, hypogonadism, impotence and induced hyperanalgesia caused by damage to the nociceptors thus increasing pain sensitivity.

When converting from one opioid to another or between different dosage forms, conversion ratios should be used. During titration, titration should be based on the individuals' response. During titration, Morphine

(every 3-4 days for Avinza); oxycodone every 1 to 2 days, and fentanyl should not be titrated. When discontinuing long term medications, taper by 25-50% over several days to avoid withdrawal.

Ideal treatment for persistent pain is a long-acting opioid administered around the clock, with doses should be equivalent to 10% of the total daily dose given every 1 to 2 hours. Conversion factors are provided for reference. When appropriate, when six to eight short acting doses daily is not providing sufficient pain relief, a long-acting opioid may be added. The total daily dose should not exceed the daily recommended dose of 4000mg.

Opioid Morphine Equivalent Conversion Factors

Type of Opioid	MME Conversion Factor
Buprenorphine patch	42
Buprenorphine tab or film	10
Butorphanol	7
Codeine	0.15
Dihydrocodeine	0.25
Fentanyl buccal or SL tablets, or lozenge/troche	0.13
Fentanyl film or oral spray	0.18
Fentanyl nasal spray	0.16
Fentanyl patch	7.2
Hydrocodone	1
Hydromorphone	4
Levorphanol tartrate	11
Meperidine hydrochloride	0.1
Methadone	3
Morphine	1
Nalbuphine	1
Opium	1
Oxycodone	1.5
Oxymorphone	3
Pentazocine	0.37
Tapentadol	0.4
Tramadol	0.1

Medication Safety Programs:

Morphine Extended Release, Oxycodone Hydrochloride Controlled-Release Tablets requirements with transdermal products assigned to the ERLA Shared REMS, while transdermal

Program: This product is included in the shared Extended-Release and Long-Acting (ERLA) program includes a Medication Guide, Elements To Assure Safe Use (e.g., Dear Healthcare Provider documents, risk assessment tool), and Assessments that must be submitted to the FDA. For more information, visit [opioidrems.com/lwgUI/rems/home.action](http://www.opioidrems.com/lwgUI/rems/home.action), and the program phone number is 1-800-503-6867. Visit <http://www.er-la-opioidrems.com/lwgUI/rems/products.action> and <http://www.fda.gov/Drugs/REMS/>

Purpose: To reduce the risk of serious adverse outcomes resulting from inappropriate use.

patient access to pain medications. Potential adverse effects include addiction, unintentional

Prescriber Requirements: Prescribers are strongly encouraged to undergo the training (opioidrems.com/lwgUl/remS/training.action), and to counsel patients using the Patient Counseling Statement (opioidrems.com/lwgUl/remS/pcd.action) and Medication Guide (<http://www.er-la-opioidrems.com/Guest/GuestPage.aspx?Page=1>) for the ER/LA Shared REMS program (<https://search.er-la-opioidrems.com/Guest/GuestPage.aspx?Page=1>)

Pharmacy Requirements: Pharmacies are not required to enroll in the REMS program. The most current Medication Guide for the prescribed product must be provided with each prescription.

Medication Guide: FDA has required common opioid language within the Medication Guide for each product. Each Medication Guide contains product-specific risk information. Therefore, the appropriate and most current Medication Guide must be provided to the patient and/or caregiver with each ER/LA opioid analgesic prescription dispensed by the pharmacy.

Fentanyl Sublingual Tablets, Fentanyl Oral Transmucosal Lozenges and Buccal Tablets, Fentanyl Sublingual Spray

Program: Fentanyl products are subject to REMS requirements with transdermal products included in the TIRF Shared REMS. The FDA-approved transmucosal immediate-release formulation includes an Element To Assure Safe Use that includes a restricted distribution system requiring prescriptions to be filled at participating wholesalers/distributors. The program website is <http://www.tifremsaccess.com> and the program is available at <http://www.tifremsaccess.com>.

Purpose: To mitigate the risk of misuse, abuse, addiction, overdose, and serious complications associated with the use of fentanyl. Fentanyl is a potent opioid analgesic and should be dispensed only to appropriate patients, including only those who are opioid-tolerant; to prevent accidental drug exposure to children and others for whom the drug was not prescribed; and to prevent abuse, addiction, and overdose.

Prescriber Requirements: Those who prescribe TIRF medicines for outpatient use are required to enroll in the TIRF REMS Access program. Prescribers who are already enrolled in an individual Risk Evaluation and Mitigation Strategy (REMS) program will be automatically transitioned to the shared TIRF REMS Access program. Recipients of the program will be automatically transitioned to the shared TIRF REMS Access program from the date of enrollment into the individual REMS, whichever was earlier. Prescribers must complete the knowledge assessment, and complete an enrollment form. Prescribers can contact the program at 1-866-822-1487. Additional information about the enrollment process can be found on the program website at <http://www.tifremsaccess.com>. Those who prescribe TIRF medicines only for inpatient use are not required to enroll in the TIRF REMS Access program. Enrolled prescribers must provide a copy of the TIRF REMS Patient-Prescriber Agreement. The patient should also sign the agreement. Prescribers must provide a copy to the patient/caregiver, and submit a copy within 10 working days via the program website. The Medication Guide for the new TIRF product must be provided, and reviewed with the patient.

Pharmacy Requirements: All pharmacies must be enrolled in the TIRF REMS Access program. Pharmacies that were previously enrolled in an individual TIRF REMS will not need to re-enroll because they are already enrolled in the TIRF REMS Access program. These pharmacies will have 6 months to agree to the shared program terms and conditions and to maintain their dispensing privileges. Pharmacies will be required to re-enroll in the TIRF REMS Access program if they were not previously enrolled in the TIRF REMS Access program (including mail order, institutional outpatient pharmacies that dispense for outpatient use) and inpatient pharmacies (including inpatient pharmacies that dispense for inpatient use). Each inpatient and outpatient pharmacy is required to designate an authorized pharmacist. The designated authorized pharmacist must review the Education Program, sign the enrollment form. Enrollment forms can be completed on the Web site or faxed (1-866-822-1487) on behalf of the pharmacy. The authorized pharmacist will then train other pharmacy staff in the TIRF REMS Access program. Additional information about the enrollment process can be found on the program website at <http://www.tifremsaccess.com>. Chain pharmacies can enroll using the TIRF REMS Access program's Chain Pharmacy Enrollment Form.

Dispensing Requirements (Patient enrollment): Prescribers are required to complete a writing the patient's first outpatient prescription, and will review the Medication Guide with The prescriber must retain a copy of the completed and signed agreement, provide a copy program Web site or fax number. Patients will be enrolled in the TIRF REMS Access program prescription is filled. Patients can locate a participating pharmacy by consulting their prescriber.

Medication Guide: The REMS program requires that a Medication Guide be dispensed with each prescription.

Monitoring Requirements (Lab tests): Prescribers are encouraged to perform careful patient monitoring for signs of misuse, abuse or addiction.

Documentation: Prescribers are required to maintain a copy of the completed and signed agreement to providing a copy to the patient, and submitting this document via the program Web site. Prescribers must process all TIRF medication prescriptions, regardless of method of payment, through the program. Prescribers must submit weekly product activity data (i.e., EDI 867 transmission) to the TIRF REMS Access program to ensure compliance with the TIRF REMS Access program.

Other: Wholesalers/Distributors must enroll in the TIRF REMS Access program (<http://www.suboxone.com/hcp/>) thereafter. The Wholesaler/Distributor's authorized representative will review the TIRF REMS Enrollment Form and send it to the TIRF Sponsors by fax (1-866-822-1487) or mail (TIRF Sponsors). Each distributor is required to indicate they understand that TIRF medication prescriptions they must comply with program requirements. In signing the Distributor Enrollment Form, the distributor acknowledges that TIRF medicines are available only through the TIRF REMS Access program and acknowledges that the distributor will not sell, distribute, or dispense TIRF medicines outside of the program.

Buprenorphine/Naloxone Sublingual

Program: The FDA-approved REMS program includes a Medication Guide, Elements to Consider, and the Implementation System. More information is available at: <http://www.suboxone.com/hcp/>; <http://www.zubsolvrems.com/>; or by calling 1-877-ZUBSOLV (1-877-982-7658); and <https://www.samhsa.gov/3922>.

Purpose: To mitigate the risk of accidental overdose, misuse, and abuse and inform prescribers of buprenorphine-containing products. REMS Programs are applicable when these products are prescribed to those patients admitted to an Opioid Treatment Program under 42 CFR Part 8.

Prescriber Requirements: Prescribers are encouraged to review REMS educational materials, including counseling, dosing, and monitoring. Prescribers must be certified to treat opioid dependence to prescribe buprenorphine-containing products for maintenance treatment (<http://www.samhsa.gov>). Prescriber qualifications, notifying the Substance Abuse & Mental Health Services Administration, are found at <http://buprenorphine.samhsa.gov/>, or by contacting SAMHSA directly. The SAMHSA helpline is (866-BUP-CSAT), and the email address is info@buprenorphine.samhsa.gov.

Pharmacy Requirements: Pharmacists are encouraged to read the Introductory Pharmacy Brochure.

Dispensing Requirements (Patient enrollment): The REMS programs for buprenorphine-containing products require that the prescriber verify that the prescription received is in compliance with the provisions of DATA 2010.

- Verify that the prescription received is in compliance with the provisions of DATA 2010.
 - Keep in mind that a limited supply of buprenorphine-containing product should be available to physicians to closely and frequently assess the patients' needs, their symptoms, and their response to treatment.
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- Provide the Medication Guide to patients each time the medicine is dispensed
- A limited amount of medication is prescribed at the first visit, after appropriate induction
- Advise patients to store buprenorphine-containing product in a safe place to protect against theft
- Advise patients that unused doses of buprenorphine-containing product should be disposed of properly
- Be vigilant in detecting fraudulent prescriptions or simultaneous prescriptions for buprenorphine-containing product

Quantity Limits: No restrictions on prescription quantities are mandated by the REMS, but treatment is initiated.

Medication Guide: The REMS program requires that a Medication Guide be dispensed

Monitoring Requirements (Lab tests): Prescribers must document that each patient has a Checklist or by using another method/system (e.g., electronic health record) specific to the

Documentation: Prescribers are encouraged to monitor and document safe use conditions and documentation, or to use another suitable office-specific alternative document. The A (http://www.suboxone.com/hcp/pdfs/app_use_checklist.pdf; <http://www.zubsolvrems.com> <https://www.btodrems.com/Portal/Content%20Library/Appropriate%20Use%20Checklist>.

Policy:

I. Transmucosal Immediate Release Fentanyl (TIRF) Products (applies to brand and generic)

INITIAL REQUESTS

Fentanyl (Fentora®, Onsolis™, Abstral®, Lazanda® and Subsys®) and fentanyl citrate (Fentora met):

1. Use for breakthrough pain in members with cancer who are receiving long-acting opioid therapy
2. Member is 18 years of age or older (16 years of age and older for fentanyl citrate)
3. Tolerance to current opioid therapy (i.e., adherence to one of the following regimens):
 - a. 25mcg of transdermal fentanyl hourly; or
 - b. 30mg of oxycodone daily; or
 - c. 60mg of oral morphine daily; or
 - d. 8mg of oral hydromorphone daily; or
 - e. 25mg of oral oxymorphone daily; or
 - f. an equianalgesic dose of another opioid; and
4. For brand name products: inadequate response or inability to tolerate a generic

Authorization Length: 1 year

REAUTHORIZATION REQUESTS

Fentanyl and fentanyl citrate products are approved for reauthorization when BOTH of the

1. Continued use for breakthrough pain in members with cancer who are currently receiving long-acting opioid therapy
2. Documentation to support the efficacy associated with the current regimen (e.g.,

II. Opioids with abuse deterrent properties

INITIAL REQUESTS

Hydrocodone bitartrate (Zohydro ER™, Hysingla ER™ 20mg, 30mg, 40mg, 60mg, 80mg, 1.2mg, 50mg-2mg is approved for members 18 years of age and older when ANY of the

1. Documentation of appropriate titration from a respective short-acting agent and medications:
 - a. Morphine sulfate extended release; and
 - b. Oxycodone extended release; or
2. Documentation of risk of abuse potential from the appropriate specialist with a c

REAUTHORIZATION REQUESTS

Hydrocodone bitartrate (Zohydro ER™, Hysingla ER™ 20mg, 30mg, 40mg, 60mg, 80mg, 1.2mg, 50mg-2mg is approved for reauthorization for members 18 years of age and older

1. Documentation of current patient-prescriber opioid treatment agreement from ap associated with the current regimen (e.g. pain scores, clinical response); or
2. Documentation of risk of abuse potential from the appropriate specialist with a c

Authorization duration: 1 year

III. High Dose Narcotics (applies to brand and generic products)

INITIAL CRITERIA [Authorization Length: 1 year]

The requested high dose product or regimen is considered medically necessary when the

1. Pain associated with a cancer diagnosis and member is undergoing active treatment
2. Severe, persistent chronic pain with ALL of the following:
 - a. Physical exam to assess underlying etiology; and
 - b. Documentation of one of the following:
 - i. Regimen prescribed by a Pain Management Specialist; or
 1. Must provide name of physician and date of last visit (must
 2. Physician must be Board Certified by one of the following:
 - a. American Board of Anesthesiology- Pain Management
 - b. American Board of Psychiatry & Neurology- Pain Management
 - c. American Board of Physical Medicine & Rehabilitation
 - d. American Osteopathic Association- Pain Management
 - ii. Appropriate concurrent therapy consisting of at least two of the following:
 1. Physical therapy; or
 2. Psychotherapy; or
 3. Adjuvant medications specific to causative condition including:
 - a. Antidepressants
 - b. Anticonvulsants
 - c. Muscle relaxants
 - d. Anti-inflammatory agents; and
 - c. Documentation of narcotic treatment history including the following:
 - i. Titration history for the last 6 months; and
 - ii. Optimization of long-acting narcotics with appropriate utilization
 - d. Documentation of a current patient-prescriber opioid treatment agreement

Authorization Length: 1 year

CONTINUATION CRITERIA

The requested high dose product or regimen will be re-authorized when ONE of the following:

1. Member is either actively receiving cancer treatment or is not in remission; reauthorization length is 6 months.
2. For severe, persistent chronic pain or residual pain associated with cancer treatment, reauthorization length is 6 months. Documentation of ALL of the following:
 - a. Urine drug screen (UDS) is performed at least annually by prescriber; and
 - b. Current patient-prescriber opioid treatment agreement; and
 - c. either of the following:
 - i. Regimen prescribed by a pain management specialist (as defined in the plan document); and
 - ii. Documentation of appropriate concurrent therapy (as defined in the plan document).
3. Planned discontinuation or titration down of therapy, re-authorization length is 6 months.

IV. Appropriate Utilization with Abuse Deterrents

Narcotics analgesics will require prior authorization for medical necessity when for **buprenorphine** (Bunavail®/Suboxone®/Zubsolv®) or **buprenorphine** (Subutex®).

Narcotic analgesic products are approved in patients that have received buprenorphine/naloxone (Suboxone®) documentation of a treatment plan showing discontinuation of causative product (buprenorphine/naloxone).

V. Duplicate therapy/Class quantity limits

1. Initial requests: Duplicate opioid requests are approved when ALL of the following:
 - a. Appropriate diagnosis upon visit with a qualified specialist for diagnosis of chronic pain;
 - b. Insufficient response to previous treatments; and
 - c. Need for more than one long acting or more than one short acting concentration of opioid;
 - d. The requested dose does not exceed FDA or accepted clinical dosing guidelines; and
 - e. ONE of the following:
 - i. Intolerance or contraindication to higher doses of a single opioid;
 - ii. Dose requested does not exist as a single tablet form
2. Reauthorization requests: Duplicate opioid requests are reapproved when ALL of the following:
 - a. Appropriate diagnosis upon visit with a qualified specialist for diagnosis of chronic pain;
 - b. Need for more than one long acting or more than one short acting concentration of opioid (to be documented); and
 - c. The requested dose does not exceed FDA or accepted clinical dosing guidelines; and
 - d. One of the following:
 - i. Intolerance or contraindication to higher doses of a single opioid;
 - ii. Dose requested does not exist as a single tablet form; and
 - e. Documentation to support the efficacy associated with the current regimen.

▶ Black Box Warning:

TIRFs (Abstral[®], Actiq[®], Fentora[®], Onsolis[™], Subsys[®])

Respiratory depression:

Fatal respiratory depression has occurred in patients treated with fentanyl transmucosal products and improper dosing. The substitution of fentanyl sublingual/buccal for any other fentanyl product is not recommended. Because of the risk of respiratory depression, fentanyl sublingual/buccal is contraindicated in patients with acute or severe asthma, headache/migraine and in opioid-intolerant patients.

Death has been reported in children who have accidentally ingested fentanyl transmucosal products. Do not use in children.

The concomitant use of fentanyl sublingual with CYP3A4 inhibitors may result in an increase in the risk of respiratory depression.

Medication errors:

Substantial differences exist in the pharmacokinetic profile of fentanyl sublingual/buccal compared to other fentanyl products.

differences in the extent of absorption of fentanyl that could result in fatal overdose. When prescribing, do not convert patients on a mcg-per-mcg basis from any other fentanyl product. When dispensing, do not substitute a fentanyl sublingual/buccal prescription for other fentanyl products.

Abuse potential:

Fentanyl is an opioid agonist and a Schedule II controlled substance, with an abuse liability similar to other opioid agonists, legal or illicit. This should be considered when prescribing fentanyl. Because of the risk for misuse, abuse, addiction, and overdose, fentanyl sublingual/buccal is subject to the Drug Administration, called a Risk Evaluation and Mitigation Strategy (REMS). Under the REMS Program, outpatients, health care providers who prescribe to outpatients, pharmacies, and other dispensing sites, must register at <http://www.TIRFREMSaccess.com> or by calling 1-866-822-1483.

Duragesic®

Addiction, abuse, and misuse: Fentanyl exposes patients and other users to the risks of addiction, abuse, and misuse. Assess each patient's risk prior to prescribing fentanyl, and monitor all patients regularly.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression has been reported with the use of fentanyl. Monitor for respiratory depression, especially during initiation of fentanyl or following a dose increase. Fentanyl is contraindicated for use as an as-needed analgesic, in nonopioid tolerant patients, in acute pain management, and in patients with respiratory depression.

Accidental exposure: Deaths due to a fatal overdose of fentanyl have occurred when children have accessed fentanyl. The recommended handling and disposal instructions is of the utmost importance to prevent accidental exposure.

Neonatal opioid withdrawal syndrome: Prolonged use of fentanyl during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated, and requires management according to protocols developed by the American Academy of Pediatrics. If a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome.

Cytochrome P450 3A4 interaction: The concomitant use of fentanyl with all cytochrome P450 3A4 inducers and inhibitors, which could increase or prolong adverse drug effects and may cause potentially fatal respiratory depression. Concomitantly used cytochrome P450 3A4 inducer may result in an increase in fentanyl plasma concentrations. Concomitantly used cytochrome P450 3A4 inhibitor may result in a decrease in fentanyl plasma concentrations.

Exposure to heat: Exposure of the fentanyl application site and surrounding area to direct heat, such as tanning lamps, sunbathing, hot baths, saunas, hot tubs, and heated water beds may increase the risk of respiratory depression and death. Patients wearing fentanyl systems who develop fever or increased core body temperature should be monitored for respiratory depression and may require an adjustment in the dose of fentanyl to avoid overdose and death.

Lazanda®

Respiratory depression:

Fatal respiratory depression has occurred in patients treated with fentanyl transmucosal systems. The substitution of fentanyl intranasal for any other fentanyl product is not recommended. Because of the risk of respiratory depression, fentanyl intranasal is contraindicated in the elderly, in patients with respiratory depression, and in opioid non-tolerant patients.

Fentanyl intranasal must be kept out of the reach of children.

The concomitant use of fentanyl intranasal with CYP3A4 inhibitors may result in an increase in fentanyl plasma concentrations and respiratory depression.¹

Medication errors:

Substantial differences exist in the pharmacokinetic profile of fentanyl intranasal compared to other fentanyl products. When prescribing, do not convert patients on a mcg-per-mcg basis from any other fentanyl product.

When dispensing, do not substitute a fentanyl intranasal prescription for other fentanyl pr

Abuse potential:

Fentanyl is an opioid agonist and a Schedule II controlled substance, with an abuse liability in a manner similar to other opioid agonists, legal or illicit. Consider this when prescribing or dispensing. The prescriber or pharmacist is concerned about an increased risk of misuse, abuse, or diversion. Because of the risk for misuse, abuse, addiction, and overdose, fentanyl intranasal is available only through a Risk Evaluation and Mitigation Strategy (REMS). Under the Transdermal Fentanyl REMS, outpatients, health care providers who prescribe to outpatients, pharmacies, and distributors. For more information, visit <http://www.TIRFREMSAccess.com> or by calling 1-866-822-1483.

Butrans®

Addiction, abuse, and misuse: Buprenorphine exposes patients and other users to the risk of addiction, abuse, and misuse, which can lead to overdose and death. Assess each patient's risk prior to prescribing buprenorphine and monitor all patients for signs of addiction, abuse, and misuse.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur with the use of buprenorphine, especially during initiation of buprenorphine or following a dose increase. Misuse, such as crushing, chewing, or injecting buprenorphine extracted from the transdermal system will result in the uncontrolled release of buprenorphine, which may result in death.

Accidental exposure: Accidental exposure to even one dose of buprenorphine, especially in children, can result in death.

Neonatal opioid withdrawal syndrome: Prolonged use of buprenorphine during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated, and requires management according to protocols developed by the American Academy of Pediatrics. If a pregnant woman is taking buprenorphine for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate management will be available at the time of delivery.

Hydromorphone (Dilaudid, Exalgo®)

Hydromorphone immediate release: Hydromorphone is a potent Schedule II controlled substance with a high potential for abuse and risk of producing respiratory depression. Alcohol, other opioids, and CNS depressants, when used with hydromorphone, increasing the risk of respiratory depression that might result in death.

Hydromorphone extended release:

Addiction, abuse, and misuse: Hydromorphone extended release (ER) exposes patients and other users to the risks of addiction, abuse, and misuse, which can lead to overdose and death. Assess each patient's risk prior to prescribing hydromorphone ER and monitor all patients for signs of addiction, abuse, and misuse, including changes in behavior or conditions.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur with the use of hydromorphone ER, especially during initiation of hydromorphone ER or following a dose increase. Chewing, or dissolving tablets can cause rapid release and absorption of a potentially fatal dose of hydromorphone.

Accidental ingestion: Accidental ingestion of even 1 dose, especially in children, can result in death.

Neonatal opioid withdrawal syndrome: Prolonged use during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated, and requires management according to protocols developed by the American Academy of Pediatrics. If a pregnant woman is taking hydromorphone for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate management will be available at the time of delivery.

Methadone

Addiction, abuse, and misuse: Methadone exposes patients and other users to the risks of addiction, abuse, and misuse, which can lead to overdose and death. Assess each patient's risk prior to prescribing methadone, and monitor all patients for signs of addiction, abuse, and misuse.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur with the use of methadone, especially during initiation of methadone or following a dose increase.

Life-threatening QT prolongation: QT interval prolongation and serious arrhythmia (torsades de pointes) cases involve patients being treated for pain with large, multiple daily doses of methadone. Methadone is commonly used for maintenance treatment of opioid addiction. Closely monitor patients for signs and symptoms of QT prolongation.

Neonatal opioid withdrawal syndrome: Prolonged use of methadone during pregnancy can be life-threatening if not recognized and treated, and requires management according to protocol. If a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome.

Accidental ingestion: Accidental ingestion of even one dose of methadone, especially by children, can result in death.

Treatment of opioid addiction: For detoxification and maintenance of opioid dependence, standards cited in 42 CFR Section 8, including limitations on unsupervised administration.

Morphine Sulfate

Avinza[®] and Kadian[®]:

Interaction with alcohol: Instruct patients not to consume alcoholic beverages or use prescription drugs with morphine extended-release (ER) capsules. The co-ingestion of alcohol with morphine may increase the risk of respiratory depression.

Avinza[®], Kadian[®], and MS Contin[®]:

Addiction, abuse, and misuse: Morphine ER exposes patients and other users to the risk of addiction, abuse, and misuse. Assess each patient's risk prior to prescribing morphine ER and monitor all patients for signs and symptoms of addiction, abuse, and misuse.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur. Instruct patients to take morphine ER exactly as directed. Instruct patients that the contents may be sprinkled on applesauce and swallowed without chewing. Crushing, chewing, or dissolving morphine ER may result in rapid release and absorption of a potentially fatal dose of morphine.

Neonatal opioid withdrawal syndrome: Prolonged use of morphine during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated, and requires management according to protocol. If a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome.

Accidental ingestion: Accidental ingestion of even 1 dose of morphine, especially by children, can result in death.

Oral solution:

Morphine oral solution is available in 10 mg per 5 mL, 20 mg per 5 mL, and 100 mg per 5 mL concentrations.

The 100 mg per 5 mL (20 mg/mL) concentration is indicated for use in opioid-tolerant patients.

Take care when prescribing and administering morphine oral solution to avoid dosing errors. Do not confuse milligrams and milliliters, which could result in accidental overdose and death. Take care to avoid confusion between milligrams and milliliters.

Keep morphine oral solution out of the reach of children. In case of accidental ingestion, call your healthcare provider or poison control center.

Nucynta ER[®] / Opana ER[®]

Addiction, abuse, and misuse: Tapentadol ER/Oxymorphone ER exposes patients and other users to the risk of addiction, abuse, and misuse. Assess each patient's risk prior to prescribing tapentadol ER/Oxymorphone ER and monitor all patients for signs and symptoms of addiction, abuse, and misuse.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur. Instruct patients to take tapentadol ER/Oxymorphone ER exactly as directed. Instruct patients to take tapentadol ER/Oxymorphone ER tablets whole; crushing, dissolving, or chewing tapentadol ER/Oxymorphone ER may result in rapid release and absorption of a potentially fatal dose of tapentadol ER/Oxymorphone ER.

Accidental ingestion: Accidental ingestion of even 1 dose of tapentadol ER/oxymorphone ER may lead to overdose and death. Assess each patient's risk prior to prescribing tapentadol ER/oxymorphone ER.

Neonatal opioid withdrawal syndrome: Prolonged use of tapentadol ER/oxymorphone ER during pregnancy may be life-threatening if not recognized and treated, and requires management according to protocol. If prolonged use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and that treatment will be available.

Interaction with alcohol: Patients must not consume alcoholic beverages or take prescription drugs with alcohol while taking tapentadol ER/oxymorphone ER. The co-ingestion of alcohol with tapentadol ER/oxymorphone ER may result in a potentially fatal overdose of tapentadol/oxymorphone.

Oxycodone (Oxycontin[®], oxycodone concentrate)

Addiction, abuse, and misuse: Oxycodone extended release (ER) exposes patients and other users to the risks of addiction, abuse, and misuse, which may lead to overdose and death. Assess each patient's risk prior to prescribing oxycodone ER and monitor all patients regularly for the development of these conditions.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur with oxycodone ER, especially during initiation of oxycodone ER or following a dose increase. Instruct patients to swallow the tablet whole and not to chew or crush the tablet. Chewing or crushing the tablet can cause rapid release and absorption of a potentially fatal dose of oxycodone.

Accidental ingestion: Accidental ingestion of even one dose of oxycodone ER, especially if combined with alcohol, may result in overdose and death.

Neonatal opioid withdrawal syndrome: Prolonged use of oxycodone ER during pregnancy may be life-threatening if not recognized and treated and requires management according to protocol. If prolonged use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and that treatment will be available.

Cytochrome P450 3A4 interaction: The concomitant use of oxycodone ER with all cytochrome P450 3A4 inhibitors may result in increased oxycodone concentrations, which could increase or prolong adverse drug effects and may cause potentially life-threatening respiratory depression. Avoid concurrent use of oxycodone ER with strong CYP3A4 inhibitors. Concomitant use of oxycodone ER with CYP3A4 inducer may result in an increase in oxycodone clearance, which could result in decreased oxycodone concentrations and loss of efficacy. Avoid concurrent use of oxycodone ER with CYP3A4 inducer.

Concentrated oral solution:

Oxycodone concentrated oral solution is available as a 20 mg/mL concentration and is intended for use in patients who are unable to swallow tablets.

Take care when prescribing and administering oxycodone concentrated oral solution to avoid confusion with other oxycodone solutions with different concentrations, which could result in accidental overdose. Oxycodone concentrated oral solution is not to be used if the bottle is not sealed and dispensed. Keep oxycodone out of the reach of children. In case of accidental ingestion, call your healthcare provider immediately.

Zohydro ER[™]

Addiction potential: Hydrocodone ER exposes patients and other users to the risks of addiction, abuse, and misuse, which may lead to overdose and death. Assess each patient's risk prior to prescribing, and monitor all patients regularly for the development of these conditions.

Life-threatening respiratory depression: Serious, life-threatening, or fatal respiratory depression may occur with hydrocodone ER, especially during initiation or following a dose increase. Instruct patients to swallow the capsules whole and not to crush or chew the capsules. Crushing or chewing the capsules can cause rapid release and absorption of a potentially fatal dose of hydrocodone.

Accidental exposure: Accidental consumption of even 1 dose of hydrocodone ER, especially if combined with alcohol, may result in overdose and death.

Neonatal opioid withdrawal syndrome: Prolonged maternal use of hydrocodone ER during pregnancy may be life-threatening if not recognized and treated, and requires management according to protocol. If prolonged use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and that treatment will be available.

Interaction with alcohol: Instruct patients not to consume alcoholic beverages or use prescription alcohol. The co-ingestion of alcohol with hydrocodone may result in increased plasma concentrations of hydrocodone.

Cytochrome P450 3A4 interaction: The concomitant use of hydrocodone ER with all cytochrome P450 3A4 inhibitors may increase hydrocodone plasma concentrations, which could increase or prolong adverse drug effects. Discontinuation of a concomitantly used CYP3A4 inducer may result in an increase in hydrocodone plasma concentrations. Avoid concurrent use of hydrocodone ER and any CYP3A4 inhibitor or inducer.

▸ **Guidelines:**

Refer to the specific manufacturer's prescribing information for administration and dosage.

BENEFIT APPLICATION

Subject to the terms and conditions of the applicable benefit contract, the applicable drug coverage for the Company's products when the medical necessity criteria listed in this pharmacy policy are benefit contract exclusions for all products of the Company.

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American Board of Physical Medicine & Rehabilitation- Pain Management: <https://www.abpmr.org/>

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Applicable Drugs:

i Inclusion of a drug in this table does not imply coverage. Eligibility, benefits, limitations, exclusions, precertification/re

I. Transmucosal Immediate Release Fentanyl

Brand name	Generic name
Abstral	Fentanyl sublingual tablet
Actiq	Fentanyl buccal lollipop
Fentora	Fentanyl buccal tablet
Lazanda	Fentanyl nasal solution
Onsolis	Fentanyl buccal soluble film
Subsys	Fentanyl sublingual liquid

II. Opioids with abuse deterrent properties

Brand name	Generic name
Zohydro ER	Hydrocodone bitartrate
Hysingla ER 20mg, 30mg, 40mg, 60mg, 80mg, 100mg	Hydrocodone bitartrate
Embeda 20mg-0.8mg, 30mg-1.2mg, 50mg-2mg	Morphine sulfate/naltrexone

III. High Dose Narcotic Analgesics

Brand Name	Generic Name
Avinza	Morphine sulfate extended release capsule 24HR
Dilaudid	Hydromorphone immediate release
Duragesic patch	Fentanyl transdermal patch 72 HR
Embeda	Morphine sulfate/naltrexone
Exalgo	Hydromorphone tablet extended release 24HR Abuse deterrent
Hysingla ER	Hydrocodone ER
Kadian	Morphine sulfate extended release 24HR capsule
Various (e.g. Methadose)	Methadone
Morphine sulfate tablet	Morphine sulfate tablet
MS Contin	Morphine sulfate extended release tablet
Nucynta	Tapentadol immediate release
Nucynta ER	Tapentadol extended release
Opana	Oxymorphone
Opana ER	Oxymorphone
Oxy IR	Oxycodone immediate release
Oxycontin	Oxycodone extended release

IV. Appropriate utilization with abuse deterrent properties

Brand name	Generic name
Abstral/Actiq/Fentora/Lazanda/Subsys/Onsolis	Fentanyl immediate release
Avinza	Morphine sulfate extended release

Butrans patch	Buprenorphine
Capital/Codeine	APAP/Codeine
Codeine sulfate	Codeine sulfate
Conzip	Tramadol ER c
Demerol/Meperitab	Meperidine HC
Dilaudid	Hydromorphon
Duragesic patch	Fentanyl transo
Embeda	Morphine sulfa
Endocet/Percocet/Primlev	Oxycodone/ac
Endodan/Percodan	Oxycodone/as
Exalgo	Hydromorphon tablet
Hycet	Hydrocodone/a
Hydromorphone oral solution	Hydromorphon
Kadian	Morphine sulfa
Levorphanol tartrate tablets	Levorphanol ta
Meperidine oral solution	Meperidine liqu
Methadose/Diskets	Methadone
Morphine sulfate concentrate/oral solution/tablets	Morphine
MS Contin	Morphine sulfa
Norco/Lortab/Vicodin	Hydrocodone/a
Nucynta	Tapentadol
Nucynta ER	Tapentadol ER
Opana	Oxymorphone
Opana ER	Oxymorphone
Oxy IR/Roxicodone	Oxycodone HC
Oxycodone	Oxycodone sol
Oxycontin tablets	Oxycodone HC
Roxicet	Oxycodone/ac
Tylenol #3/Tylenol #4	Acetaminophe
Ultracet	Tramadol/aceta
Ultram	Tramadol
Ultram ER	Tramadol ER
Vicoprofen	Hydrocodone/i
Xartemis XR	Oxycodone/ac
Zohydro ER/Hysingla ER	Hydrocodone b

➤ Cross References:

Buprenorphine and Naloxone (Suboxone, Zubsolv, Bunavail) and Buprenorphine (Subutex). Policy # Rx.01.7
 Controlled Substance Quantity Limits. Policy # Rx.01.16

Experimental/Investigational Use. Policy # Rx.01.33

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