

**AmeriHealth  
2009 – 2010 Clinical Practice Guideline Summary\***

**Health Management Clinical Practice Guidelines (CPG)**

Condition	Evidence	Reference	URL
<b>Asthma</b>	NHLBI Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma	NIH, NHLBI, NIH Publication No. 08-4051 (2007)	<a href="http://www.nhlbi.nih.gov/guidelines/asthma/">http://www.nhlbi.nih.gov/guidelines/asthma/</a>
<b>Atrial Fibrillation</b>	ACC/AHA/ESC 2006 Guidelines for the Management of Patients with Atrial Fibrillation	<i>Circulation</i> ; 114:700-752 (2006) <i>Circulation</i> ; 114:e257-e354 (2006) ACC/AHA (2007)	Executive summary: <a href="http://circ.ahajournals.org/cgi/reprint/114/7/700">http://circ.ahajournals.org/cgi/reprint/114/7/700</a> Full guidelines: <a href="http://circ.ahajournals.org/cgi/reprint/114/7/e257">http://circ.ahajournals.org/cgi/reprint/114/7/e257</a> Pocket guideline: <a href="http://www.americanheart.org/downloadable/heart/1185916290134AF_PocketGuide.pdf">http://www.americanheart.org/downloadable/heart/1185916290134AF_PocketGuide.pdf</a>
<b>Cardiometabolic Risk</b>	Diagnosis and Management of the Metabolic Syndrome, An AHA/NHLBI Scientific Statement	<i>Circulation</i> ; 112:e285-e290, e297 (2005) <i>Circulation</i> ; 112:2735-2752 (2005)	Executive summary: <a href="http://circ.ahajournals.org/cgi/reprint/112/17/e285">http://circ.ahajournals.org/cgi/reprint/112/17/e285</a> Full guidelines: <a href="http://circ.ahajournals.org/cgi/reprint/112/17/2735">http://circ.ahajournals.org/cgi/reprint/112/17/2735</a>
<b>Cardiovascular Disease Prevention</b>	AHA Guidelines for Primary Prevention of Cardiovascular Disease and Stroke: 2002 Update	<i>Circulation</i> ; 106:388-391 (2002)	<a href="http://circ.ahajournals.org/cgi/reprint/106/3/388">http://circ.ahajournals.org/cgi/reprint/106/3/388</a>
<b>Cardiovascular Disease Prevention (Pediatric)</b>	Lipid Screening and Cardiovascular Health in Childhood	<i>Pediatrics</i> ; 122:198-208 (2008)	<a href="http://pediatrics.aappublications.org/cgi/reprint/122/1/198.pdf">http://pediatrics.aappublications.org/cgi/reprint/122/1/198.pdf</a>
	AHA Guidelines for Primary Prevention of Atherosclerotic Cardiovascular Disease Beginning in Childhood	<i>Circulation</i> ; 107:1562-1566 (2003)	<a href="http://www.circ.ahajournals.org/cgi/reprint/107/11/1562">http://www.circ.ahajournals.org/cgi/reprint/107/11/1562</a>
	Cardiovascular Risk Reduction in High-Risk Pediatric Patients	<i>Circulation</i> ; 144:2710-2738 (2006)	<a href="http://circ.ahajournals.org/cgi/reprint/114/24/2710">http://circ.ahajournals.org/cgi/reprint/114/24/2710</a>
<b>Cardiovascular Disease Prevention (Women)</b>	Evidence-based Guidelines for Cardiovascular Disease Prevention in Women: 2007 Update	<i>Circulation</i> ; 115:1481-1501 (2007)	<a href="http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.107.181546">http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.107.181546</a>
<b>Chronic Obstructive Pulmonary Disease</b>	Global Strategy for Diagnosis, Management, and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD) 2008	<a href="http://www.goldcopd.org/Guidelineitem.asp?l1=2&amp;l2=1&amp;intld=2003">http://www.goldcopd.org/Guidelineitem.asp?l1=2&amp;l2=1&amp;intld=2003</a>
	Diagnosis and Management of Stable Chronic Obstructive Pulmonary Disease: A Clinical Practice Guideline from the American College of Physicians	<i>Annals of Internal Medicine</i> ; 147:633-638 (2007)	<a href="http://www.annals.org/cgi/content/full/147/9/633">http://www.annals.org/cgi/content/full/147/9/633</a>

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<b>Coronary Heart Disease</b>	The Primary and Secondary Prevention of Coronary Artery Disease, American College of Chest Physicians	<i>Chest</i> ; 133(6):776S-814S	<a href="http://www.chestjournal.org/content/133/6_suppl/776S.full.pdf+html">http://www.chestjournal.org/content/133/6_suppl/776S.full.pdf+html</a>
	AHA/ACC Guidelines for Secondary Prevention for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2006 Update: Endorsed by the National Heart, Lung, and Blood Institute	<i>Circulation</i> ; 113:2363-2372 (2006)	<a href="http://circ.ahajournals.org/cgi/reprint/113/19/2363">http://circ.ahajournals.org/cgi/reprint/113/19/2363</a>
	ACC/AHA 2002 Guideline Update for the Management of Patients with Chronic Stable Angina	<i>Circulation</i> ; 107:149-158 (2003)  ACC/AHA (2002)	Summary article: <a href="http://circ.ahajournals.org/cgi/reprint/107/1/149.pdf">http://circ.ahajournals.org/cgi/reprint/107/1/149.pdf</a>  Full guidelines: <a href="http://www.acc.org/qualityandscience/clinical/guidelines/stable/stable_clean.pdf">http://www.acc.org/qualityandscience/clinical/guidelines/stable/stable_clean.pdf</a>
	2007 Chronic Angina Focused Update of the ACC/AHA 2002 Guidelines for the Management of Patients with Chronic Stable Angina	<i>Circulation</i> ; 116:2762-2772 (2007)	<a href="http://circ.ahajournals.org/cgi/reprint/116/23/2762">http://circ.ahajournals.org/cgi/reprint/116/23/2762</a>
	Core Components of Cardiac Rehabilitation/Secondary Prevention Programs: 2007 Update (AHA/AACVPR)	<i>Circulation</i> ; 115:2675-2682 (2007)	<a href="http://circ.ahajournals.org/cgi/reprint/115/20/2675">http://circ.ahajournals.org/cgi/reprint/115/20/2675</a>
<b>Depression</b>	Screening for Depression, Recommendations and Rationale	<i>Annals of Internal Medicine</i> ; 136(10):760-764 (2002)	<a href="http://www.annals.org/cgi/reprint/136/10/760.pdf">http://www.annals.org/cgi/reprint/136/10/760.pdf</a>
	Screening for Depression in Adults: A Summary of the Evidence for the U.S. Preventive Services Task Force	<i>Annals of Internal Medicine</i> ; 136(10):765-776 (2002)	<a href="http://www.annals.org/cgi/reprint/136/10/765.pdf">http://www.annals.org/cgi/reprint/136/10/765.pdf</a>
<b>Diabetes</b>	Standards of Medical Care in Diabetes — 2009	American Diabetes Association <i>Diabetes Care</i> ; 32(Supplement 1): S13-S61 (2009)	Standards: <a href="http://care.diabetesjournals.org/cgi/reprint/32/Supplement_1/S13">http://care.diabetesjournals.org/cgi/reprint/32/Supplement_1/S13</a>
	Executive Summary: Standards of Medical Care in Diabetes — 2009	<i>Diabetes Care</i> ; 32(Supplement 1): S6-S12 (2009)	Executive summary: <a href="http://care.diabetesjournals.org/cgi/reprint/32/Supplement_1/S6">http://care.diabetesjournals.org/cgi/reprint/32/Supplement_1/S6</a>
	Type 2 Diabetes in the Young: The Evolving Epidemic: The International Diabetes Federation Consensus Workshop	<i>Diabetes Care</i> ; 27(7):1798-1811 (2004)	<a href="http://care.diabetesjournals.org/cgi/reprint/27/7/1798">http://care.diabetesjournals.org/cgi/reprint/27/7/1798</a>
	Care of Children and Adolescents With Type 1 Diabetes: A Statement of the American Diabetes Association	<i>Diabetes Care</i> ; 28(1):186-212 (2005)	<a href="http://care.diabetesjournals.org/cgi/reprint/28/1/186">http://care.diabetesjournals.org/cgi/reprint/28/1/186</a>
<b>Dietary Guidelines</b>	Dietary Guidelines for Americans	USDHHS, USDA (2005)	<a href="http://www.health.gov/dietaryguidelines/">http://www.health.gov/dietaryguidelines/</a>

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<b>Heart Failure</b>	Prevention of Heart Failure, A Scientific Statement from the American Heart Association Councils on Epidemiology and Prevention, Clinical Cardiology, Cardiovascular Nursing, and High Blood Pressure Research; Quality of Care and Outcomes Research Interdisciplinary Working Group; and Functional Genomics and Translational Biology Interdisciplinary Working Group	<i>Circulation</i> ; 117:2544-2565 (2008)	<a href="http://circ.ahajournals.org/cgi/reprint/117/19/2544">http://circ.ahajournals.org/cgi/reprint/117/19/2544</a>
	ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in the Adult	<i>Circulation</i> ; 112:1825-1852 (2005)  <i>Circulation</i> ; 112:e154-e235 (2005)	Summary: <a href="http://circ.ahajournals.org/cgi/reprint/112/12/1825">http://circ.ahajournals.org/cgi/reprint/112/12/1825</a>  Full guidelines: <a href="http://circ.ahajournals.org/cgi/reprint/112/12/e154">http://circ.ahajournals.org/cgi/reprint/112/12/e154</a>
	HFSA 2006 Comprehensive Heart Failure Practice Guideline	<i>Journal of Cardiac Failure</i> ; 12(1):10-38 (2006)  <i>Journal of Cardiac Failure</i> ; 12:e1-e122 (2006)	Executive summary: <a href="http://www.heartfailureguideline.org/document/2006_heart_failure_guideline_exec_summary.pdf">http://www.heartfailureguideline.org/document/2006_heart_failure_guideline_exec_summary.pdf</a>  Full guidelines: <a href="http://www.heartfailureguideline.com/document/hfsa_2006_comprehensive_heart_failure_guidelines.pdf">http://www.heartfailureguideline.com/document/hfsa_2006_comprehensive_heart_failure_guidelines.pdf</a>
<b>Hyperlipidemia</b>	Implications of Recent Clinical Trials for the National Cholesterol Education Program Adult Treatment Panel III Guidelines (NCEP/ACC/AHA)	<i>Circulation</i> ; 110:227-239 (2004)	<a href="http://circ.ahajournals.org/cgi/reprint/110/2/227">http://circ.ahajournals.org/cgi/reprint/110/2/227</a>
	Third Report of the NCEP Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (ATP III) (NCEP)	NIH, NHLBI, National Cholesterol Education Program. NIH Publication Nos. 01-3670 (2001) and 02-5215 (2002)	Executive summary: <a href="http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3xsum.pdf">http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3xsum.pdf</a>  Full guidelines: <a href="http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3full.pdf">http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3full.pdf</a>
	AHA Scientific Statement: Managing Abnormal Blood Lipids: A Collaborative Approach	<i>Circulation</i> ; 112:3184-3209 (2005)	<a href="http://circ.ahajournals.org/cgi/reprint/112/20/3184">http://circ.ahajournals.org/cgi/reprint/112/20/3184</a>
<b>Hypertension</b>	The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7)	NIH, NHLBI, National Blood Pressure Education Program. NIH Publication Nos. 03-5233 (2003) and 04-5230 (2004)	Express: <a href="http://www.nhlbi.nih.gov/guidelines/hypertension/express.pdf">http://www.nhlbi.nih.gov/guidelines/hypertension/express.pdf</a>  Full guidelines: <a href="http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf">http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf</a>
	The Fourth Report on the Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents	<i>Pediatrics</i> ; 114(Supplement):555-576 (2004)	<a href="http://pediatrics.aappublications.org/cgi/reprint/114/2/S2/555">http://pediatrics.aappublications.org/cgi/reprint/114/2/S2/555</a>
<b>Immunization (Adult)</b>	Recommended Adult Immunization Schedule, United States, 2009	Centers for Disease Control and Prevention	<a href="http://www.cdc.gov/vaccines/recs/schedules/adult-schedule.htm">http://www.cdc.gov/vaccines/recs/schedules/adult-schedule.htm</a>

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<b>Immunization (Pediatric/ Adolescent)</b>	Recommended Childhood and Adolescent Immunization Schedules, United States, 2009	Centers for Disease Control and Prevention	<a href="http://www.cdc.gov/vaccines/spec-grps/">http://www.cdc.gov/vaccines/spec-grps/</a>
<b>Influenza</b>	Prevention and Control of Influenza, Recommendations of the Advisory Committee on Immunization Practices	<i>MMWR</i> ; 57:1-60 (2008)	<a href="http://www.cdc.gov/mmwr/PDF/rr/rr5707.pdf">http://www.cdc.gov/mmwr/PDF/rr/rr5707.pdf</a>
<b>Obesity (Adult)</b>	Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults	NIH, NHLBI, NIH Publication Nos. 98-4083 (1998) and 00-4084 (2000)	Full guidelines: <a href="http://www.nhlbi.nih.gov/guidelines/obesity/ob_gdlns.pdf">http://www.nhlbi.nih.gov/guidelines/obesity/ob_gdlns.pdf</a>  Practical guide: <a href="http://www.nhlbi.nih.gov/guidelines/obesity/prctgd_c.pdf">http://www.nhlbi.nih.gov/guidelines/obesity/prctgd_c.pdf</a>
	Roadmaps for Clinical Practice: Case Studies in Disease Prevention and Health Promotion-Assessment and Management of Adult Obesity: A Primer for Physicians	American Medical Association (2003)	<a href="http://www.ama-assn.org/ama/pub/category/10931.html">http://www.ama-assn.org/ama/pub/category/10931.html</a>
	Pharmacologic and Surgical Management of Obesity in Primary Care: A Clinical Practice Guideline from the American College of Physicians	<i>Annals of Internal Medicine</i> ; 142:525-531 (2005)	<a href="http://www.annals.org/cgi/reprint/142/7/525.pdf">http://www.annals.org/cgi/reprint/142/7/525.pdf</a>
<b>Obesity (Pediatric/ Adolescent)</b>	Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report	<i>Pediatrics</i> ; 120:S164-S192 (2007)  <i>Pediatrics</i> ; 120:S186-S192 (2007)	Summary Report: <a href="http://pediatrics.aappublications.org/cgi/reprint/120/Supplement_4/S164">http://pediatrics.aappublications.org/cgi/reprint/120/Supplement_4/S164</a>  Appendix: <a href="http://www.ama-assn.org/ama1/pub/upload/mm/433/ped_obesity_recs.pdf">http://www.ama-assn.org/ama1/pub/upload/mm/433/ped_obesity_recs.pdf</a>
	Overweight in Children and Adolescents: Pathophysiology, Consequences, Prevention, and Treatment	<i>Circulation</i> ; 111:1999-2012 (2005)	<a href="http://circ.ahajournals.org/cgi/reprint/111/15/1999">http://circ.ahajournals.org/cgi/reprint/111/15/1999</a>
<b>Physical Activity</b>	2008 Physical Activity Guidelines for Americans	USDHHS, DPHP Publication No. U0036 (October 2008)	<a href="http://www.health.gov/paguidelines/guidelines/">http://www.health.gov/paguidelines/guidelines/</a>
	Physical Activity and Public Health in Older Adults: Recommendation From the ACSM and the AHA	<i>Circulation</i> ; 116:1094-1105 (2007)	<a href="http://circ.ahajournals.org/cgi/reprint/116/9/1094.pdf">http://circ.ahajournals.org/cgi/reprint/116/9/1094.pdf</a>
<b>Pneumococcal Vaccines</b>	ACIP Provisional Recommendations for Use of Pneumococcal Vaccines	ACIP (2008)	<a href="http://www.cdc.gov/vaccines/recs/provisional/downloads/pneumo-Oct-2008-508.pdf">http://www.cdc.gov/vaccines/recs/provisional/downloads/pneumo-Oct-2008-508.pdf</a>
<b>Preventive Health</b>	Guide to Clinical Preventive Services, 2009; Recommendations of the United States Preventive Services Task Force	Agency for Healthcare Research and Quality, Publication No. 09-IP006 (September 2009)	<a href="http://www.ahrq.gov/clinic/pocketgd.htm">http://www.ahrq.gov/clinic/pocketgd.htm</a>
<b>Preventive Health (Pediatric/ Adolescent)</b>	Recommendations for Preventive Pediatric Health Care	Bright Futures/American Academy of Pediatrics (2008)	<a href="http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf">http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf</a>

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<b>Smoking Cessation</b>	Tobacco Use: Prevention, Cessation, and Control	Agency for Healthcare Research and Quality, Publication No. 06-E015 (June 2006)	<a href="http://www.ahrq.gov/downloads/pub/evidence/pdf/tobaccouse/tobuse.pdf">http://www.ahrq.gov/downloads/pub/evidence/pdf/tobaccouse/tobuse.pdf</a>
	Treating Tobacco Use and Dependence: 2008 Update	USDHHS, PHS (2008)	<a href="http://www.surgeongeneral.gov/tobacco/treating_tobacco_use08.pdf">http://www.surgeongeneral.gov/tobacco/treating_tobacco_use08.pdf</a>
<b>Stroke</b>	AHA/ASA Guideline: Primary Prevention of Ischemic Stroke	<i>Stroke</i> ; 37:1583-1633 (2006)	<a href="http://stroke.ahajournals.org/cgi/reprint/37/6/1583">http://stroke.ahajournals.org/cgi/reprint/37/6/1583</a>
	AHA/ASA Guidelines: Guidelines for Prevention of Stroke in Patients with Ischemic Stroke or Transient Ischemic Attack	<i>Stroke</i> ; 27:577-617 (2006)	<a href="http://stroke.ahajournals.org/cgi/reprint/37/2/577">http://stroke.ahajournals.org/cgi/reprint/37/2/577</a>
	Update to the AHA/ASA Recommendations for the Prevention of Stroke in Patients with Stroke and Transient Ischemic Attack	<i>Stroke</i> ; 39:1647-1652 (2008)	<a href="http://stroke.ahajournals.org/cgi/reprint/39/5/1647">http://stroke.ahajournals.org/cgi/reprint/39/5/1647</a>
	Screening for Carotid Artery Stenosis: U.S. Preventive Services Task Force Recommendation Statement	<i>Annals of Internal Medicine</i> ; 147(12):854-859 (2007)	<a href="http://www.annals.org/cgi/reprint/147/12/854.pdf">http://www.annals.org/cgi/reprint/147/12/854.pdf</a>
	Depressive Symptoms and Risk of Stroke, The Framingham Study	<i>Stroke</i> ; 38:16-21 (2007)	<a href="http://stroke.ahajournals.org/cgi/reprint/38/1/16">http://stroke.ahajournals.org/cgi/reprint/38/1/16</a>
<b>Complex Chronic Diseases</b>	Accordant Clinical Practice Guidelines for Complex Chronic Diseases	Please call the provider supply line at the following phone number for a complete list of references — 1-800-858-4728.	<a href="http://www.accordant.net/physicians.shtml">http://www.accordant.net/physicians.shtml</a> Username: AHMD Password: 197726

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Condition	Evidence	Reference	URL
<b>ADHD</b>	Magellan Clinical Practice Guideline for Patients with Attention Deficit/Hyperactivity Disorder	Magellan Behavioral Health Peer-reviewed information (2008)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
<b>Autism Spectrum Disorders</b>	Introduction to Magellan’s Adopted Clinical Practice Guidelines for the Treatment of Children with Autism Spectrum Disorders	Magellan Behavioral Health (2008)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
	Management of Children with Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
	Identification and Evaluation of Children With Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
<b>Depression</b>	Introduction to the Clinical Practice Guidelines for the Assessment and Treatment of Patients with Depressive Disorders	Magellan Behavioral Health (2009)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
	Guideline Watch: Practice Guideline for the Treatment of Patients With Major Depressive Disorder (2nd Edition)	American Psychiatric Association (2005)	
	Practice Guideline for the Treatment of Patients with Major Depressive Disorder (2nd Edition)	American Psychiatric Association (2000)	
<b>Managing Suicidal Patients</b>	Magellan Clinical Practice Guideline for Assessing and Managing the Suicidal Patient	Magellan Behavioral Health Peer-reviewed information (2008)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
<b>Schizophrenia</b>	Introduction to Magellan’s Adopted Clinical Practice Guidelines for the Treatment of Schizophrenia	Magellan Behavioral Health (2008)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
	Practice Guideline for the Treatment of Patients with Schizophrenia (2nd Edition)	American Psychiatric Association (2004)	
<b>Substance Use Disorders</b>	Introduction to Magellan’s Adopted Clinical Practice Guidelines for the Assessment and Treatment of Patients With Substance Use Disorders	Magellan Behavioral Health (2008)	<a href="https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/">https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/</a>
	Guideline Watch: Practice Guideline for the Treatment of Patients With Substance Use Disorders (2nd Edition)	American Psychiatric Association (2007)	
	Practice Guideline for the Treatment of Patients With Substance Use Disorders (2nd Edition)	American Psychiatric Association (2006)	

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