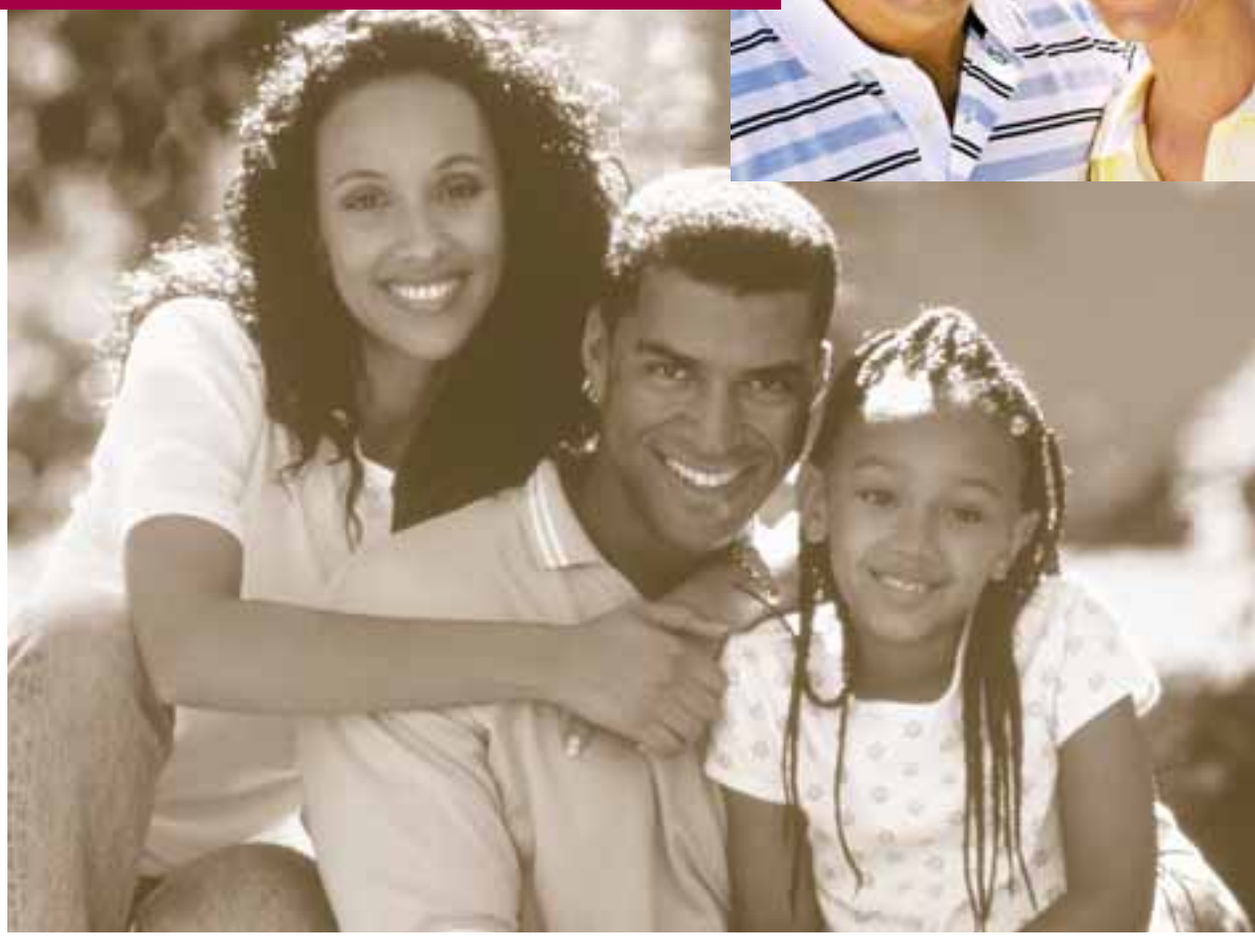
AmeriHealth POS *Plus*

The Health Plan with *you* in mind.



AmeriHealth®
NEW JERSEY

You can count on *AmeriHealth.*

Committed to New Jersey.

At AmeriHealth, we are focused on our members' needs. With nearly 10 years as a local insurer, AmeriHealth provides New Jersey members with a variety of programs designed to keep you in the best of health. Our goal is to give you the information and tools you need to take an active role in your health care decisions.

To Serve You Better.

We offer a full range of innovative services designed specifically to meet your health care needs and improve your overall quality of life. As an AmeriHealth member, you can take advantage of our expansive provider network, award-winning wellness programs and convenient online resources and services.

For Years to Come.

Whether it's helping you live healthy or being there when you need care, we are there for you every step of the way. AmeriHealth is the one health plan that you and your family can always count on.

Need help finding a doctor?

- Access our provider directory at **amerihealth.com**
- Call our Health Resource Center at 1-800-275-2583

Put AmeriHealth to *work for you.*

With AmeriHealth, you get more than just health care benefits. We provide you with the information, tools and resources you need to make informed decisions about your health. You know what's best for you—so shouldn't you be in charge of your health care?

AmeriHealth POS *Plus* gives you...

- Freedom to visit any doctor directly, without a referral
- Comprehensive benefits
- Access to emergency coverage—anytime, anywhere
- Reimbursements on fitness club fees, weight loss programs, bike helmets and more
- 24/7 access to a Health Coach

Take charge of your health care.

Our award-winning AmeriHealth Healthy Lifestyles℠ programs give you the incentives and support you need to make the health care choices that are right for you.

ameri health.com **Live Healthy**—At AmeriHealth, we like to reward healthy behavior. Want to join a gym, lose weight or quit smoking? We offer reimbursements for members who take an active role in improving and maintaining their good health. We also provide discounts for alternative health services and reminders for important health screenings.

ameri health.com **Stay Healthy**—Get the information, guidance and encouragement you need when dealing with chronic or unexpected health conditions. Our Connections℠ Health Management Programs provide access to a Health Coach 24/7, an encyclopedia of health information and educational materials.

For more information on these valuable programs, please refer to the AmeriHealth Healthy Lifestyles brochure in this folder, or log onto **amerihealth.com**

AmeriHealth NEW JERSEY

Benefits that *work for you!*

With AmeriHealth POS *Plus*, you are required to select a Primary Care Physician, but you never need a referral to see a specialist. AmeriHealth POS *Plus* offers the preventive care benefits of a standard point-of-service plan with the freedom to choose your own doctor or hospital. You're covered in-network or out-of-network when you need:

- Primary and preventive care
- Specialist care
- Hospitalization
- Maternity or newborn care

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- Call our Health Resource Center at 1-800-275-2583

Coverage that goes with you.

As an AmeriHealth POS *Plus* member, you have access to health care benefits for emergency care, no matter where you are. Attending school? Working away from home? On vacation? Whatever the reason—you'll have peace of mind knowing you have access to the care you need, when you need it.

With AmeriHealth POS PLUS—It's Always Your Choice!

Select Primary Care Physician from AmeriHealth Network

Receive care from any provider without a referral in-network or out-of-network. Some services may require pre-authorization.

In-Network		Out-of-Network
Visit any participating provider directly without a referral	Receiving Care	Visit any non-participating provider directly
Copayments for routine office visits and preventive care	Costs	Deductible/Coinsurance apply
• No referrals! • No paperwork! • No deductible!	Ease of Use	May require claim filing

No matter which path you choose—you're covered !

AmeriHealth **POS *Plus***

For more information about AmeriHealth POS *Plus*, call:

1-800-877-9829 or

Visit our web site at **www.amerihealth.com**

AmeriHealth Insurance Company of New Jersey

www.amerihealth.com

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