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AmeriHealth Point-of-Service



Knowledge. Choice.
Independence.



You Deserve It.SM



AmeriHealth

AmeriHealth Point-of-Service—

Take charge of your own
health care.



AmeriHealth Point-of-Service gives you:

- **Freedom to receive care from your AmeriHealth Primary Care Physician or access care directly**
- **Comprehensive benefits**
- **Reimbursements on fitness club fees, weight loss programs, bike helmets and more**
- **24/7 access to a Health Coach**

With AmeriHealth Point-of-Service, you get more than just health care benefits. We provide you with the information, tools and resources you need to make informed decisions about your health. You know what's best for you—so shouldn't you be in charge of your health care?

Discover the Healthy You! Programs for Your Well Being.

We know maintaining your good health is hard work. That's why we provide you with the resources to help keep you and your family healthy. These programs come in all shapes and sizes to suit your diverse needs.

- **Live Healthy**—Sometimes we all need a little extra help when making important lifestyle changes. Whether you want to join a gym, quit smoking, lose some weight or receive a reminder about important health screenings, our innovative AmeriHealth Healthy LifestylesSM Programs can give you the support and incentives you need.
- **Stay Healthy**—We all want to live the healthiest lives possible. If you have a chronic or unexpected health condition, living life to its fullest can be a challenge. Our ConnectionsSM Health Management Programs will provide the information, guidance and encouragement that can make a difference in the quality of life of our members.

For more information on these valuable programs, please refer to the AmeriHealth Healthy Lifestyles brochure in this folder, or log onto amerihealth.com





Manage Your Benefits *when you want, where you want*

With AmeriHealth Point-of-Service, you have access to your benefits 24 hours a day, seven days a week. With amerihealthexpress.com, you can:

- Review your benefits
- Print referrals
- Change your Primary Care Physician (PCP)
- Find and compare network providers
- Review quality data and patient safety information for network providers
- Check on claims
- Request an ID card
- Access an encyclopedia of health information
- Contact a Health Coach

Care is never out-of-reach.



What's unique about AmeriHealth Point-of-Service is that you have the freedom to access care through your Primary Care Physician (referred care) or from any doctor or hospital in or out of AmeriHealth's expansive provider network (self-referred). AmeriHealth's provider network includes nearly 48,000 physicians and specialists and more than 230 hospitals.

In addition to primary and preventive care benefits, you are also covered when you need:

- Specialist care
- Hospitalization
- Maternity or newborn care

Coverage that goes with you.

- Coverage for emergency care anytime, anywhere
- Guest AdvantageSM program for students and travelers

AmeriHealth Point-of-Service—It's Your Choice!

You choose to get a referral or self-refer to providers for care.

Referred Care

Self-Referred Care

▼
Visit your AmeriHealth Primary Care Physician (PCP) to provide care or refer you to a specialist for care

Receiving Care

▼
Seek care directly from any provider

▼
Having care provided or referred by your AmeriHealth PCP ensures your highest level of coverage

Costs

▼
Seeking care directly from any provider increases your out-of-pocket costs as deductibles and coinsurance may apply

▼
Referred care is easy—you never need to complete a claim form.

Ease of Use

▼
Self-referred care may require claim filing

No matter which path you choose—you're covered!



Need help selecting a doctor?

- Access our provider directory
online at amerihealth.com



- Call our Health Resource Center
at 1-800-275-2583



You can count on *AmeriHealth.*

We're Doing More.

At AmeriHealth, we believe that knowledge, choice and independence are the cornerstones of your good health. That's why our goal is to give you the information, tools and freedom you need to take an active role in your health care decisions.

To Serve You Better.

We offer a full range of innovative programs and services designed specifically to meet your health care needs and improve your overall quality of life. As an AmeriHealth member, you can take advantage of award-winning wellness programs, convenient online resources and services and one of the region's largest networks of doctors and hospitals.

For Years to Come.

AmeriHealth's programs and services have been recognized for excellence by both local and national organizations. As for us, we measure the quality of our programs in terms of your good health. At home or away, whether it's helping you stay healthy or being there when you need to access care, we are there for you every step of the way.



AmeriHealth Point-of-Service

For more information about AmeriHealth Point-of-Service, call:

Any weekday from 8:00 am to 5:00 pm

1-866-681-7372

Visit our web site at **www.amerihealth.com**

You Deserve ItSM!



AmeriHealth.

AmeriHealth HMO, Inc.

www.amerihealth.com

Referred benefits are underwritten or administered by AmeriHealth HMO, Inc.; self-referred benefits are underwritten or administered by QCC Insurance Company d/b/a AmeriHealth Insurance Company.