

AmeriHealth HMO Plus

The Health Plan
with *you* in mind.



AmeriHealth
NEW JERSEY



Put AmeriHealth to *work for you.*

With AmeriHealth, you get more than just health care benefits. We provide you with the information, tools and resources you need to make informed decisions about your health. You know what's best for you—so shouldn't you be in charge of your health care?

AmeriHealth HMO Plus gives you...

- Freedom to visit any AmeriHealth doctor directly, without a referral
- Comprehensive benefits
- Access to emergency coverage—anytime, anywhere
- Reimbursements on fitness club fees, weight loss programs, bike helmets and more
- 24/7 access to a Health Coach

Take charge of your health care.

Our award-winning AmeriHealth Healthy LifestylesSM programs give you the incentives and support you need to make the health care choices that are right for you.



Live Healthy—At AmeriHealth, we like to reward healthy behavior. Want to join a gym, lose weight or quit smoking?

We offer reimbursements for members who take an active role in improving and maintaining their good health. We also provide discounts for alternative health services and reminders for important health screenings.



Stay Healthy—Get the information, guidance and encouragement you need when dealing with chronic or unexpected health conditions. Our ConnectionsSM Health Management Programs provide access to a Health Coach 24/7, an encyclopedia of health information and educational materials.

For more information on these valuable programs, please refer to the AmeriHealth Healthy Lifestyles brochure in this folder, or log onto amerihealth.com

Benefits that *work for you!*



With AmeriHealth HMO *Plus*, you are required to select a Primary Care Physician, but you never need a referral to see an AmeriHealth participating provider or doctor. AmeriHealth HMO *Plus* offers the preventive care benefits of a standard HMO plan with the freedom to choose your own doctor or hospital. You're covered when you need:

- Primary and preventive care
- Specialist care
- Hospitalization
- Maternity or newborn care

Coverage that goes with you.

As an AmeriHealth HMO *Plus* member, you have access to health care benefits for emergency care, no matter where you are. Attending school? Working away from home? On vacation? Whatever the reason—you'll have peace of mind knowing you have access to the emergency care you need, when you need it.

Need help finding a doctor?

- Access our provider directory at amerihealth.com



- Call our Health Resource Center at 1-800-275-2583

With AmeriHealth HMO PLUS—It's Always Your Choice!	
Select Primary Care Physician from AmeriHealth Network <i>Receive care from any AmeriHealth provider without a referral. Some services may require pre-authorization.</i>	
	In-Network
Receiving Care	▶ Visit any participating provider directly without a referral
Costs	▶ Copayments for routine office visits and preventive care
Ease of Use	▶ <ul style="list-style-type: none"> • No referrals! • No paperwork! • No deductible
<i>Everything you always wanted in an HMO!</i>	

Manage Your Benefits



when you want, where you want

At AmeriHealth, you have access to your benefits 24 hours a day, seven days a week.

With **amerihealthexpress.com** you can:

- Review your benefits
- Change your PCP
- Find a network physician
- Check on claims
- Request an ID card
- Access an encyclopedia of health information
- Contact a Health Coach

You can count on *AmeriHealth.*

Committed to New Jersey.

At AmeriHealth, we are focused on our members' needs. With nearly 10 years as a local insurer, AmeriHealth provides New Jersey members with a variety of programs designed to keep you in the best of health. Our goal is to give you the information and tools you need to take an active role in your health care decisions.

To Serve You Better.

We offer a full range of innovative services designed specifically to meet your health care needs and improve your overall quality of life. As an AmeriHealth member, you can take advantage of our expansive provider network, award-winning wellness programs and convenient online resources and services.

For Years to Come.

Whether it's helping you live healthy or being there when you need to access care, we are there for you every step of the way. AmeriHealth is the one health plan that you and your family can always count on.



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AmeriHealth HMO *Plus*

For more information about AmeriHealth HMO *Plus*, call:

1-800-877-9829 or

Visit our web site at www.amerihealth.com



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www.amerihealth.com