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AmeriHealth Direct POS



Knowledge. Choice.
Independence.



You Deserve It.SM


AmeriHealth.

AmeriHealth Direct POS—

Take charge of your own
health care.



AmeriHealth Direct POS gives you:

- Freedom to receive care from your AmeriHealth Primary Care Physician or access care directly
- Comprehensive benefits
- Reimbursements on fitness club fees, weight loss programs, bike helmets and more
- 24/7 access to a Health Coach

With AmeriHealth Direct POS, you get more than just health care benefits. We provide you with the information, tools and resources you need to make informed decisions about your health. You know what's best for you—so shouldn't you be in charge of your health care?

Discover the Healthy You! Programs for Your Well Being.

We know maintaining your good health is hard work. That's why we provide you with the resources to help keep you and your family healthy. These programs come in all shapes and sizes to suit your diverse needs.

- **Live Healthy**—Sometimes we all need a little extra help when making important lifestyle changes. Whether you want to join a gym, quit smoking, lose some weight or receive a reminder about important health screenings, our innovative AmeriHealth Healthy LifestylesSM Programs can give you the support and incentives you need.
- **Stay Healthy**—We all want to live the healthiest lives possible. If you have a chronic or unexpected health condition, living life to its fullest can be a challenge. Our ConnectionsSM Health Management Programs will provide the information, guidance and encouragement that can make a difference in the quality of life of our members.

For more information on these valuable programs, please refer to the AmeriHealth Healthy Lifestyles brochure in this folder, or visit amerihealth.com





Manage Your Benefits *when you want, where you want*

With AmeriHealth Direct POS, you have access to your benefits 24 hours a day, seven days a week. With amerihealthexpress.com, you can:

- Review your benefits
- Print referrals
- Change your PCP
- Find and compare network providers
- Review quality data and patient safety information for network providers
- Check on claims
- Access an encyclopedia of health information
- Contact a Health Coach

Care is never out-of-reach.



What's unique about AmeriHealth Direct POS is that while you must select an AmeriHealth Primary Care Physician, you can access virtually all health care services in or out of the AmeriHealth network without a referral. Referrals are required for X-rays, laboratory, podiatry, spinal manipulation and physical/occupational therapy.

In addition to primary and preventive care benefits, you are also covered when you need:

- Specialist care
- Hospitalization
- Maternity or newborn care

Coverage that goes with you.

- Coverage for emergency care anytime, anywhere
- Guest AdvantageSM program for students and travelers

AmeriHealth Direct POS—It's Your Choice!

Members must select a Primary Care Physician, but can access most health care services in- or out-of-network without a referral.

In-Network		Out-of-Network
<p>▼</p> <p>Visit a participating AmeriHealth Direct POS provider</p>	<p>Receiving Care</p>	<p>▼</p> <p>Seek care directly from any out-of-network provider</p>
<p>▼</p> <p>Copayments for routine office visits and preventive care</p>	<p>Costs</p>	<p>▼</p> <p>Deductible/Coinsurance apply</p>
<p>▼</p> <p>With AmeriHealth Direct POS, you never need to complete a claim form</p>	<p>Ease of Use</p>	<p>▼</p> <p>May require claim filing</p>

No matter which path you choose—you're covered!



Need help selecting a doctor?

- Access our provider directory online at amerihealth.com



- Call our Health Resource Center at 1-800-275-2583



You can count on *AmeriHealth.*

We're Doing More.

At AmeriHealth, we believe that knowledge, choice and independence are the cornerstones of your good health. That's why our goal is to give you the information, tools and freedom you need to take an active role in your health care decisions.

To Serve You Better.

We offer a full range of innovative programs and services designed specifically to meet your health care needs and improve your overall quality of life. As an AmeriHealth participant, you can take advantage of award-winning wellness programs, convenient online resources and services and one of the region's largest networks of doctors and hospitals.

For Years to Come.

AmeriHealth's programs and services have been recognized for excellence by both local and national organizations. As for us, we measure the quality of our programs in terms of your good health. At home or away, whether it's helping you stay healthy or being there when you need to access care, we are there for you every step of the way.



AmeriHealth Direct POS

For more information about AmeriHealth Direct POS, call:

Any weekday from 8:00 am to 5:00 pm

1-866-681-7372

Visit our web site at **www.amerihealth.com**

You Deserve ItSM!



AmeriHealth HMO, Inc.

www.amerihealth.com

In-network benefits are administered by AmeriHealth HMO, Inc.; out-of-network benefits are administered by AmeriHealth Insurance Company.