



AmeriHealth®

WALKING TOWARDS WELLNESS



Contest

Dear Participant,

You have been walking for several weeks and perhaps have had some funny things happen to you or have observed a comical situation while walking.

So, we are going to have a contest! Send a short paragraph describing ***“The funniest thing that happened while walking...”*** Perhaps an incident that may not have been observed or occurred if you were not walking? Share your fun!

Please submit your story directly to your Program Coordinator (name) by (date).

The winner will receive (name incentive).

Enjoy!